

LAC wedstrijd
Venlo, 8-4-2018

Programmanr. 1
8-4-2018 - 14:00

Meisjes, 400m vrije slag

Meisjes Minioren 3 en 4
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Veerle Claessens	ZEPS	7:12.22	200800100	6:36.12
	50m: 43.59	100m: 1:33.83	200m: 3:14.90	400m: 6:36.12	218
2.	Emma Ketelaars	Patrick-De Roersoppers (SG)	NT	200800354	7:04.85
	50m: 45.80	100m: 1:37.68	200m: 3:26.16	400m: 7:04.85	177
3.	Luus Gielens	Patrick-De Roersoppers (SG)	NT	200900138	7:30.58
	50m: 47.47	100m: 1:42.46	200m: 3:40.31	400m: 7:30.58	148
4.	Eva Hoep	RZ	NT	200800104	8:04.32
	50m: 48.18	100m: 1:46.58	200m: 3:50.99	400m: 8:04.32	119
5.	Meike Gerardts	Patrick-De Roersoppers (SG)	NT	200802400	8:26.49
	50m: 58.08	100m: 2:01.05	200m: 4:10.10	400m: 8:26.49	104
6.	Elin van Kampen	RZ	NT	200801400	8:43.51
	50m: 57.54	100m: 2:03.88	200m: 4:20.15	400m: 8:43.51	94

Programmanr. 2
8-4-2018 - 14:17

Jongens, 200m wisselslag

Jongens Minioren 3 en 4
Resultaten

rang	naam	vereniging	intijd	tijd	RT
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Programmanr. 3
8-4-2018 - 14:17

Meisjes, 800m vrije slag

Meisjes Minioren 5 Junioren 1
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Fenna Heylighen	Hellas-Glana	NT	200602086	11:53.16
	50m: 37.62	100m: 1:21.15	200m: 2:50.68	400m: 5:52.82	800m: 11:53.16
2.	Britt Siemerink	ZEPS	13:22.34	200600714	12:03.05
	50m: 38.18	100m: 1:22.63	200m: 2:53.29	400m: 5:58.99	800m: 12:03.05
3.	Lotte Mudde	Zeester Meerval	NT	200700502	12:18.63
	50m: 41.79	100m: 1:28.25	200m: 3:02.16	400m: 6:11.78	800m: 12:18.63
4.	Myrthe Paas	ZEPS	14:14.23	200600410	12:55.66
	50m: 41.51	100m: 1:28.54	200m: 3:05.27	400m: 6:22.29	800m: 12:55.66
5.	Jacqueline Houben	Patrick-De Roersoppers (SG)	14:42.88	200600662	13:14.10
	50m: 40.52	100m: 1:27.70	200m: 3:10.25	400m: 6:34.41	800m: 13:14.10
6.	Elise Mebis	ZEPS	15:00.50	200600922	13:29.72
	50m: 42.69	100m: 1:32.19	200m: 3:13.89	400m: 6:41.24	800m: 13:29.72
7.	Sara Gootzen	RZ	NT	200702166	13:59.95
	50m: 46.87	100m: 1:39.93	200m: 3:27.63	400m: 7:04.16	800m: 13:59.95
8.	Fenne Gerardts	Patrick-De Roersoppers (SG)	NT	200602894	14:19.80
	50m: 51.64	100m: 1:47.81	200m: 3:37.95	400m: 7:17.71	800m: 14:19.80
9.	Lieke Spätjens	RZ	NT	200700526	15:01.06
	50m: 46.09	100m: 1:37.96	200m: 3:27.69	400m: 7:17.98	800m: 15:01.06
AFGEM	Iris Meeks	ZEPS	NT	200600920	

Programmanr. 4
8-4-2018 - 14:49

Jongens, 200m wisselslag

Jongens Minioren 5 en 6
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Argento Isselt	RZ	3:05.44	200600527	3:03.49
	50m: 39.66	200m: 3:03.49			240
2.	Dodge Rojas	Patrick-De Roersoppers (SG)	3:34.19	200602237	3:31.35
	50m: 52.16	200m: 3:31.35			157

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Programmanr. 5
8-4-2018 - 14:54

Meisjes, 1500m vrije slag

Meisjes Junioren 2 en 3
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
1.	Verena van Rens	Mosa-Regio	NT	200401304	20:41.13	415
	50m: 36.27	100m: 1:15.56	200m: 2:37.29	400m: 5:24.89	800m: 11:01.87	1500m: 20:41.13
2.	Mexi Kösters	ZEPS	NT	200401308	20:48.51	407
	50m: 35.24	100m: 1:14.79	200m: 2:37.27	400m: 5:24.92	800m: 11:02.17	1500m: 20:48.51
3.	Emma Verhofstad	Mosa-Regio	NT	200403620	21:19.15	379
	50m: 34.96	100m: 1:14.80	200m: 2:38.47	400m: 5:31.50	800m: 11:21.56	1500m: 21:19.15
4.	Lieke Lankes	Mosa-Regio	NT	200501128	21:19.25	379
	50m: 35.47	100m: 1:14.84	200m: 2:38.13	400m: 5:31.15	800m: 11:22.27	1500m: 21:19.25
5.	Femke Scheepers	Patrick-De Roersoppers (SG)	NT	200500584	23:00.82	301
	100m: 1:23.41	200m: 2:58.89	400m: 6:03.03	800m: 12:20.25	1500m: 23:00.82	
6.	Floor Smit	Patrick-De Roersoppers (SG)	NT	200500622	24:13.03	258
	50m: 43.03	100m: 1:31.68	200m: 3:11.81	400m: 6:36.25	800m: 13:14.14	1500m: 24:13.03

Programmanr. 6
8-4-2018 - 15:33

Heren, 400m wisselslag

Heren Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
1.	Luca Janssen	Mosa-Regio	5:03.51	200403237	5:03.65	518
	50m: 30.54	100m: 1:06.82	400m: 5:03.65			
2.	Nino van Beek	ZEPS	5:04.50	200202153	5:06.35	504
	50m: 30.93	100m: 1:07.17	400m: 5:06.35			
3.	Lex Carter	Hellas-Glana	5:20.64	200001275	5:19.67	444
	50m: 32.54	100m: 1:10.91	400m: 5:19.67			
4.	Lars Hilkens	RZ	NT	200201165	5:27.93	411
	50m: 31.57	100m: 1:09.94	400m: 5:27.93			
5.	Sander Heijnen	ZEPS	5:19.82	199001199	5:29.90	404
	50m: 31.45	100m: 1:09.97	400m: 5:29.90			
6.	Mike Jansen	Patrick-De Roersoppers (SG)	6:06.90	200200151	5:36.89	379
	50m: 36.30	100m: 1:21.15	400m: 5:36.89			
7.	Daan Wijnands	Patrick-De Roersoppers (SG)	5:31.91	200200127	5:41.31	365
	50m: 33.92	100m: 1:17.34	400m: 5:41.31			
8.	Mischa Hermans	ZEPS	6:07.42	200300057	5:41.53	364
	100m: 1:19.59	400m: 5:41.53				
9.	Bernd Kuipers	Mosa-Regio	NT	200304331	5:55.08	324
	50m: 35.08	400m: 5:55.08				
10.	Jason van der Beek	Patrick-De Roersoppers (SG)	6:39.23	200403933	6:03.81	301
	50m: 38.59	100m: 1:24.53	400m: 6:03.81			
11.	Stan Kepers	Hellas-Glana	6:02.98	200501063	6:12.24	281
	50m: 42.50	100m: 1:34.13	400m: 6:12.24			
12.	Stan Knoops	RZ	6:26.03	199803117	6:31.41	242
	50m: 37.11	100m: 1:23.35	400m: 6:31.41			
13.	Stan Houtvast	Hellas-Glana	NT	200500883	6:33.29	238
	50m: 44.85	100m: 1:40.19	400m: 6:33.29			
14.	Max Ketelaars	Patrick-De Roersoppers (SG)	6:56.30	200500345	7:01.93	193
	50m: 45.66	100m: 1:45.97	400m: 7:01.93			

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Programmanr. 7
8-4-2018 - 15:56

Dames, 2000m vrije slag

Dames Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Fiona Meuffels	RZ	25:52.02	199504366	25:26.49
	50m: 32.54	200m: 2:24.72	800m: 10:04.36	2000m: 25:26.49	
	100m: 1:09.25	400m: 4:57.07	1500m: 19:05.41		
2.	Milou van den Beucken	Mosa-Regio	NT	200002564	26:16.59
	50m: 34.38	200m: 2:32.27	800m: 9:45.55	2000m: 26:16.59	
	100m: 1:12.79	400m: 5:10.28	1500m: 19:34.09		
3.	Anne Köhlen	Hellas-Glana	NT	200201714	30:00.55
	50m: 39.75	200m: 2:47.18	800m: 11:32.26	2000m: 30:00.55	
	100m: 1:21.34	400m: 5:41.45	1500m: 22:18.68		
4.	Riky Jansen	ZEPS	30:12.92	198401142	31:16.95
	50m: 39.48	200m: 2:54.78	800m: 12:17.14	2000m: 31:16.95	
	100m: 1:23.02	400m: 6:01.31	1500m: 23:20.04		
5.	Sarina Paulussen	RZ	34:12.33	199307426	31:25.02
	50m: 38.20	200m: 2:51.79	800m: 12:10.49	2000m: 31:25.02	
	100m: 1:21.66	400m: 5:54.44	1500m: 23:33.20		
6.	Zoya van Beek	ZEPS	NT	200303178	35:35.75
	50m: 47.14	200m: 3:23.96	800m: 14:12.00	2000m: 35:35.75	
	100m: 1:38.61	400m: 6:57.71	1500m: 26:53.00		
7.	Claudia Creemers	RZ	32:45.72	199202864	37:46.96
	50m: 40.96	200m: 3:13.45	800m: 14:20.32	2000m: 37:46.96	
	100m: 1:29.06	400m: 6:52.58	1500m: 27:48.69		
AFGEM	Nova Smeets	ZEPS	NT	200302360	